

Tobacco in Australia

Facts & Issues

Relevant news and research

7.1 Health and other benefits of quitting

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7.1.1.1 Stroke

7.1.1.2 Peripheral vascular disease

7.1.2 Cancer

7.1.2.2 Lung cancer

7.1.3 Respiratory diseases

7.1.3.1 Chronic obstructive pulmonary disease (COPD)

7.1.4 Pregnancy complications and fertility problems

7.1.5 Oral diseases

7.1.6 Blindness

7.1.7 Dementia

7.1.8 Overall health and quality of life

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7.1.10 Cutting down: are there health benefits?

7.1.11 Health problems that may be temporarily exacerbated by quitting

7.1.11.1 Mouth ulcers and colds

7.1.11.2 Diabetes

7.1.11.3 Quitting and weight gain

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7.1.11.4 Mental health problems